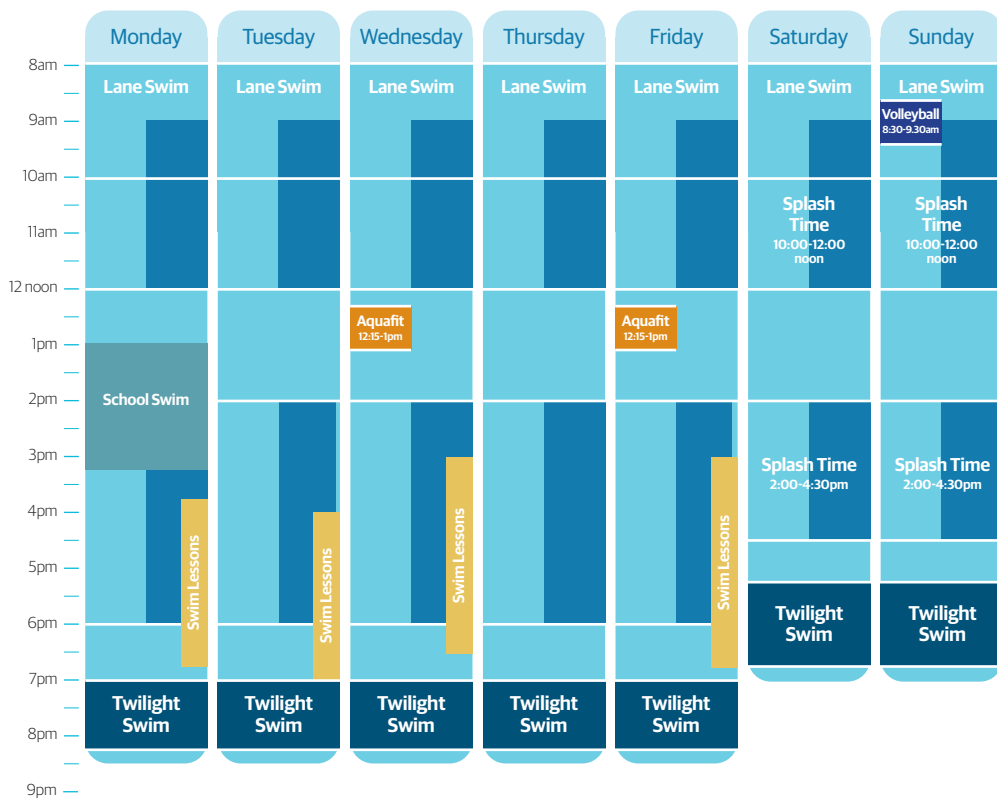


Pool Timetable

Term time 6th November - 22nd December 2023



 Adult Access
 Junior Access

LAST ENTRY TO LEISURE FACILITIES IS 30 MINUTES BEFORE THE SESSION ENDS.

LANE SWIM - General swim with 1 lane for lane swimming.

SWIMMING LESSONS - Group and 1:1 lessons - contact reception for details.

Pool and Spa open during session.

SCHOOL SWIM - Pool, Spa and changing rooms closed during session

TWILIGHT SWIM - Relax and swim as the lights go down, the perfect end to a long day. **Adults only.**

AQUAFIT - Water based exercise class with instructor. **Pool and Spa open during session.**