



Health, Fitness and Wellbeing for everyone

Spa Treatment Menu

Ultimate bliss at the heart of the Ocean Club

The Ocean Club Spa offers a haven of relaxation and a wealth of treatments and therapies for everyone.

Every facial and body treatment is an all encompassing experience from start to finish, dissolving the stresses and strains of modern living and elevating you to a place where you can relax and rebalance.

To book a treatment
call **Ocean Club Reception** on **01665 721600**

THALGO
LA BEAUTE MARINE



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Be
good to your
skin.
You'll wear it
every day
for the rest of your
Life.

Thalgo facials offer outstanding results in purifying, hydrating and anti-ageing, bringing together beautiful results and deep relaxation.

Facials

Ocean Spray Express - 30 mins £48.50

The perfect express facial tailored to your skin type, you will feel refreshed and relaxed with beautifully glowing skin

Anti-Fatigue Express Facial for Men - 30 mins £48.50

Revive and energise dull, tired skin to reveal a clearer, cleaner complexion and refresh the features

Heart of the Ocean Ritual - 60 mins £72.50

These skin personalised Thalgo signature facials begin with the Discovery of the Sea welcome massage, skin specific cleanse and exfoliation. The Heart of the Ocean massage recreates the rhythmic motions of the sea to relax the facial muscles and relieve tension in the arms, shoulders and neck. A skin-specific mask and moisturiser correct any skin concerns, leaving the complexion restored to its natural beauty.

- Source Marine Hydra-Strengthening Treatment - Normal / Dehydrated skin
- Cold Cream Marine Replenishing Treatment - Dry skin
- Cica Marin Soothing Repairing Treatment - Sensitive skin
- Purete Marine Treatment - Oily / Combination skin

Spiruline Boost Smoothing Detoxifying Treatment - 60 mins £75.00

The marine shot for urban skin! This facial will target first signs of ageing to skin that has been exposed to environmental stress, pollution and fatigue. It is a detoxifying treatment to refresh the features, recover a fresh complexion and smooth skin.

Hyalu-Procollagene Wrinkle Correcting Treatment - 60 mins £82.50

Bursting with hyaluronic acid and marine pro-collagen, this anti-ageing treatment will smooth, fill and plump the skin. After immersion in a marine bubble of relaxing cleansing and energising acupressure, a concentrated wrinkle correcting serum is applied using gentle Dermastim+ stretching movements. A marine mask is then applied and wrinkles are worked on in succession using the unique roller booster tools to amplify the smoothing, filling and plumping effect, even established wrinkles see visible results.

Brightening Lumiere Marine Treatment - 60 mins £85.00

This high performance, rejuvenating facial effectively reduces pigmentation marks and dark spots caused by environmental stressors such as pollution, smoking and UV rays which make the skin appear dull and less youthful. With triple exfoliation and clarifying Brown Algae extract, this effective treatment provides a clearer, brighter and more youthful complexion.

Exception Marine Redensifying Treatment - 75mins £92.00

This unique marine "manual facelift" treatment targets and tightens individual facial muscles and visibly lifts the entire face and restores the skin's density. Following brush cleanse and exfoliation, the exclusive EnergiLift Massage and patented marine replenishment complex corrects loss of firmness and volume on the face, neck, décolleté and hands through deep, rhythmic movements. A face mask and massage of the neck, décolleté and arms leave you feeling deeply relaxed, with visibly smoother and brighter skin.

Add on Treatments

Deeply Nourishing Hand or Foot Massage - 15 mins £10.00

This replenishing and relaxing massage features specific techniques to repair, protect and restore comfort to dry hands or feet.

Relaxing Scalp Massage - 15 mins £15.00

Massage & Body Treatments

Rediscover inner calm and physical wellbeing. Care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide an effective experience for both body and mind.

Shoulder, Neck and Scalp Massage - 25 mins £47.50

This mind soothing massage focuses on key areas of tension using a body oil chosen for your specific needs.

Body Brush and Salt Scrub - 25 mins £48.50

This skin softening treatment combines a full body dry brush with an exfoliating salt scrub to invigorate the whole body.



Contraindications

Massage is contraindicated under certain medical conditions. On completion of a medical questionnaire it may be necessary to offer an alternative treatment.

The following massages are available as 25, 40 or 55 minute treatments:

Inner Calm Massage

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Carefully chosen aromatherapy oils will relax, cleanse or energise, while advanced

massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced, energy renewed and inner calm restored.

Swedish Massage

Revive your body and enliven your spirits with this invigorating massage. Works swiftly and deeply where you need it most. Traditional Swedish massage with pure nourishing oils to boost circulation, alleviate tight aching muscles and awaken the body from top to toe.

Hot Stone Massage

Discover lasting relaxation for mind and body with this aromatherapeutic treatment. Tailored massage with hot stones will unravel persistent muscular tightness and discomfort while pure essential oils encompass the mind to relieve stress, recharge spirits and leave you feeling rejuvenated.

Deep Tissue Massage

Active stretching and specialised massage on areas of concern will alleviate deep-seated tension, muscular pain is diminished leaving you feeling stronger and more energised.

25 minutes - Back, Neck and Shoulder £47.50

40 minutes - Back of Body £57.50

55 minutes - Full Body £76.50

Add on Treatments

Deeply Nourishing Hand or Foot Massage - 15 mins £10.00

This replenishing and relaxing massage features specific techniques to repair, protect and restore comfort to dry hands or feet.

Relaxing Scalp Massage - 15 mins £15.00

Massage
is not a luxury 
it's a way to a
healthier,
happier
Life.





Spa Rituals

Iles Pacifique Spa Ritual - 90 mins

£98.50

Relaxing Ritual

Experience this indulgent spa ritual inspired by the islands of the Pacific Ocean. The treatment begins with a vanilla scented body scrub blended with pure Bora Bora white sand, sea salt, coconut shell and algo-monoï to gently exfoliate the skin, before the Mahana massage loosens muscles and nourishes the skin with a rhythmic full body massage using warm sand pouches. Continue the benefits of this treatment at home with a complimentary Lagoon Bath Pebble.

Mer Des Indes Spa Ritual - 90 mins

£98.50

Rebalancing Ritual

A true Indian sensory experience. This harmonising ritual invites body and mind to switch off and rebalance energy. Experience the gentle exfoliation and nourishment of a full body scrub enriched with ginger and sea salt. Then warm oil, together with gentle, enveloping massage movements combine with invigorating manoeuvres and stretches to restore total harmony of body and mind. Continue the benefits of this treatment at home with a complimentary Precious Milk Bath Sugar Cube.

Back, Face & Scalp Ritual with Hot Stones- 90 mins

£98.50

Unravel tension, boost the complexion and relax body & mind to leave you restored and radiant.

Includes back exfoliation, back massage with hot stones, personalised facial and stress-reducing scalp massage.

Spa Packages

Ocean Club Retreat - 55 mins

£86.50

Includes:

- Ocean Spray Facial or Anti-Fatigue Facial for men
- Back, Neck and Shoulder Massage

Ocean Club Retreat Deluxe - 1hr 40 mins

£117.50

Includes:

- Heart of The Ocean Personalised Facial
- Back of Body Massage

Mum to Be Pregnancy Pamper - 1 hr 15 mins

£90.00

Includes:

- Mini Pedicure with Foot & Leg Massage
- Soothing Facial
- Relaxing Scalp Massage
- Hot drink of your choice

Spa Package Add-Ons

Towel & Robe Hire

£1000

Use of leisure facilities with your spa package

£10.00



Add-On Treatments

Deeply Nourishing Hand or Foot Massage - 15 mins £10.00

This replenishing and relaxing massage features specific techniques to repair, protect and restore comfort to dry hands or feet.

Relaxing Scalp Massage - 15 mins

£15.00

You deserve
a healing
and
relaxing,
not to mention stress
relieving
Massage

Hands and Feet

Hands or Feet To Go - 25 mins £23.00

Nails are shaped, treated with a prescriptive basecoat and perfectly polished.

Elim Manicure - 60 mins £40.00

Includes hot mitts cleanse, exfoliation and hand massage, followed by cuticle tidy, nail shape and polish.

Elim Pedicure - 60 mins £46.00

Includes foot soak, exfoliation, hard skin removal and leg massage, followed by cuticle tidy, nail shape and polish.

Elim Heel Peel - 20mins £23.00

A skin peeling treatment to quickly and effectively remove problem hard skin and calluses from the feet

Gel Nails

Gel Manicure - 75 mins £43.50

All the benefits of our Elim Manicure with an application of your choice of gel colour set under a UV lamp to give shiny, hard wearing protection to your natural nails.

Gel Manicure Including Removal - 90 mins £49.50

Existing gel removal, manicure and new application of gel polish.

Gel Pedicure - 75 mins £48.50

All the benefits of our Elim Pedicure with an application of your choice of gel colour set under a UV lamp to give shiny, hard wearing protection to your natural nails.

Gel Pedicure Including Removal - 90 mins £54.50

Existing gel removal, pedicure and new application of gel polish.

Express Gel Fingers or Toes - 30-45 mins £30.00

Includes cuticle tidy, nail shape and application of gel polish set under a UV lamp.

Express Gel Fingers or Toes Including Removal - 60-75 mins £40.00

Existing gel removal, cuticle tidy, nail shape and new application of gel polish.

Gel Removal & Nail Tidy- 45 mins £17.50

Includes gel removal, cuticle care and nail shape.

Add ons (Gel Only)

French Polish £4.00

Builder Gel Strengthening Treatment £5.00

Nail Art
15 mins £5.00

30 mins £10.00

Chiropody and Reflexology

Chiropody Treatment - 30 mins £38.00

Treatment of corns, calluses, ingrown toenails, Diabetes assessments and foot health advice.

Nail Cut - 15 mins £28.00

Reflexology - 60 mins £55.00

A holistic treatment using pressure techniques applied to the hands or feet to bring about a state of relaxation and help the body's healing processes.

(Gift cards can not be redeemed against Chiropody and Reflexology treatments).





Life is not
perfect
but your
nails
can be.



Brows and Lash Treatments

eyebrow shape £11.50

eyebrow tint £11.50

eyelash tint £17.00

Total Eye Package £34.00

eyebrow shape, eyebrow tint, eyelash tint

Beautiful brows tint & shape £30.00

Transform brows with Beautiful Brow's henna-free Hybrid Stain, giving the illusion of fuller, bolder brows while creating a 3D effect on the skin. For up to 7 weeks, your brows will require little to no maintenance, giving an effortless finish with long-lasting vibrancy

Lash Bomb Lash Lift and Tint - 60 mins £46.50

The eyes are a focal point of any face and enhancing the natural eyelashes giving them an amazing lift and tint is a striking way to make the most of what we were born with - natural beauty! Lash tint included. (Not suitable during pregnancy)

All tinting treatments require a patch test a minimum of 48 hours prior to appointment.



Waxing

Lip or Chin £10.50

eyebrow shape £11.50

Lip and Chin £15.50

Underarm £14.50

Forearm £16.50

Chest or Back £18.00

Half Leg £22.50

Full Leg £29.50

Full Leg & Standard Bikini Line £40.00

Standard Bikini Line £15.00

Holiday Wax Package £45.00

(Includes Half Leg, Standard Bikini & Underarm Wax)

Heat treatments, swimming or sunbathing are not recommended immediately after waxing.

Booking Information and Advice

Opening Times

Monday	9am - 5.30pm
Tuesday	9am - 5.30pm
Wednesday	9am - 7.00pm
Thursday	9am - 8.30pm
Friday	9am - 6.00pm
Saturday	9am - 6.30pm
Sunday	10am - 5.00pm

Cancellation Policy

- We require a 50% non-refundable deposit for all treatment bookings.
- We require a minimum of 24 hours notice of cancellation and deposits will be transferred to an alternative booking.
- If appointments are cancelled in under 24 hours the deposit will be charged and not transferred.
- If you fail to arrive for your appointment without prior notice the full cost of the treatment(s) booked will be payable.

Use of Leisure Facilities

Spend £60 or more on spa treatments and enjoy use of our leisure facilities on the same day for £10.00

Towel & Robe Hire £10.00 per person



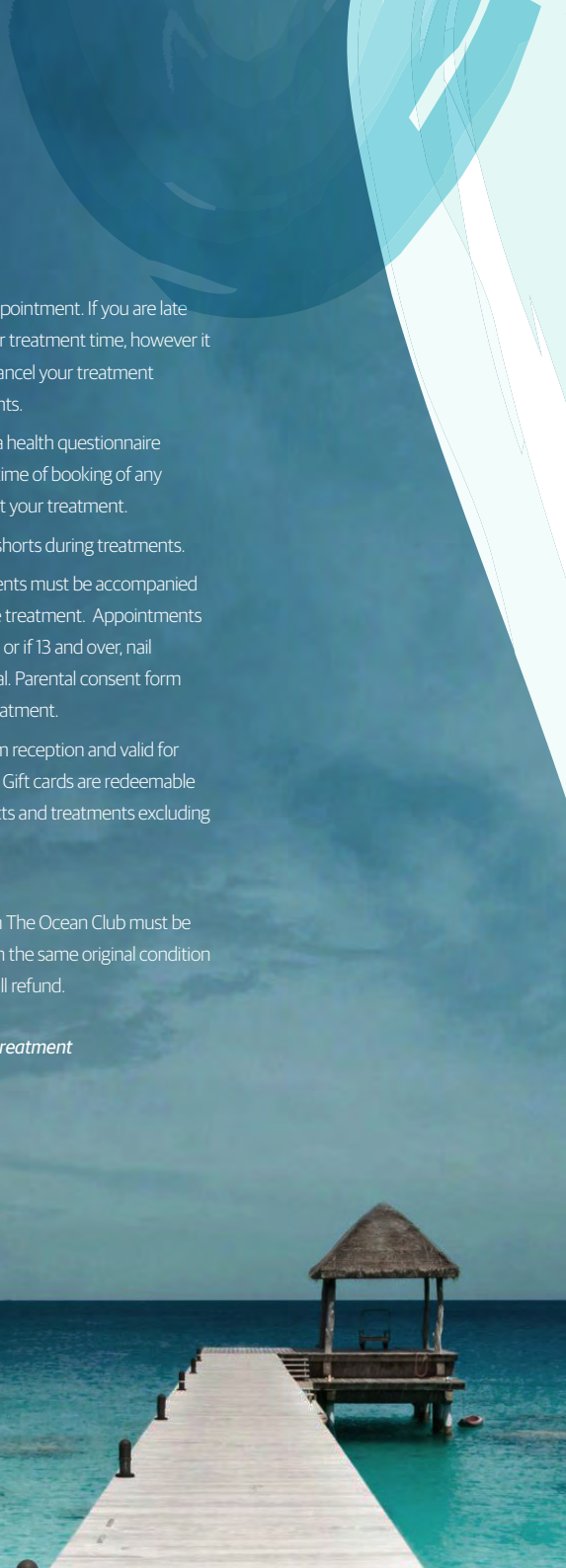
Spa Advice and Etiquette

- Please arrive promptly for your appointment. If you are late we will try our best to honour your treatment time, however it may be necessary to shorten or cancel your treatment for the consideration of other clients.
- Clients will be asked to complete a health questionnaire on arrival. Please advise us at the time of booking of any medical conditions that may affect your treatment.
- Male clients are required to wear shorts during treatments.
- Any child under 16 having treatments must be accompanied by a parent or guardian during the treatment. Appointments are limited to nail treatments only, or if 13 and over, nail treatments and Ocean Spray Facial. Parental consent form must be signed prior to having treatment.
- Gift Cards are available to buy from reception and valid for 12 months from date of purchase. Gift cards are redeemable against Health and Beauty products and treatments excluding Chiropody and Reflexology.

Product refunds / returns

- Any spa products purchased from The Ocean Club must be returned unopened and unused in the same original condition within 14 days of purchase for a full refund.

We reserve the right to change our treatment prices without prior notice.





We all know that a healthy body and a healthy mind can do wonders for our quality and enjoyment of life.

Whether you're interested in improving your fitness through physical exercise, relieving the stresses and strains of everyday life with some pampering and relaxation, or simply enjoying a coffee with friends, The Ocean Club is the perfect venue.

Located on the award winning Seafield Caravan Park in Seahouses, Northumberland, The Ocean Club offers health, fitness and wellbeing for everyone.

To book a treatment

visit our website www.ocean-club.co.uk or call Ocean Club reception on 01665 721600



Ocean Club

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Seafield Ocean Club



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